

Pea and Mint Soup by Diane Ashmore

This is such an easy chilled soup recipe with very few ingredients required. Serve with cream.



Ingredients

- 850 ml/1½ pints vegetable stock
- 450 g/1 lb frozen peas
- handful of chopped fresh mint
- fresh cream, to serve

Method

1. Pour the hot vegetable stock over the frozen peas to defrost, reserving one tablespoon of peas.
2. Add the mint, blend until smooth and chill. Serve sprinkled with the reserved peas and swirled with cream.

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